



DISTRICT 25 TOASTMASTERS

SUMMIT
2023

Marriott DFW Westlake
November 11, 2023

One great day, three great events!



Emily Murray

District Director

Hello, Sunshines! Welcome to the 2023 Summit!

As a previous Summit Manager, I hold a rather special place in my heart for this event. It's one of my absolute favorite experiences of the year, not because I was a previous chair, but because of YOU. This event is 100% BY D25 members FOR D25 members. Every single person involved today is a D25 member who started out nervously entering their first club, unsure if Toastmasters was even something they really wanted to do. From our DTM's to our Toastmaster, to our Keynotes to our Education Sessions... from our Registration Team and Decorations Committee, they are ALL D25 members just like you. We have helped each gain the confidence, skills, and wings that led them here today- and here they are to give back to you!

I hope you take full advantage of this wonderful, special opportunity. Learn as much as you can, make new connections, hug old friends, practice skills, and think critically. Evaluate and emulate. Take what is offered to you today and use it. Use it to plan where you want to go next, use it to help others, use it to polish yourself, use it to step out of your comfort zone. Use it to Ignite Your Shine.

Once you are ignited, go out there and Share Your Sunshine. Grow others as you also grow. I look forward eagerly to seeing where each and every one of you is going to go, and wondering how many of you found that ignition spark here today.

Thank you for being here, I hope you find the day as wonderfully exciting as I do.

Have a Sunny Day!

Emily

Allan Pickering

Summit Manager



Get ready to fire up your brilliance because the 2023 Summit is here to Ignite Your Shine!

Today is the day when we kindle the flames of potential, fan the sparks of inspiration, and let our radiance glow as we dive into a day of education and achievement.

This Summit isn't your typical gathering; it's the spark that fuels your journey to becoming a better you, and maybe even a Distinguished Toastmaster. So, let's fan the flames of passion for public speaking, personal development, leadership, and be dazzled as your collective brilliance rockets to life.

"My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style."

- Maya Angelou

Today, we'll do just that - thrive, with passion, compassion, humor, and undeniable style.

Igniting Your Shine!

Allan

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CONFERENCE COMMITTEE

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Jason Jett Education Chair

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Elicia Cook Decoration Chair

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Jesse Ford Program Quality Director

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Rich Zimmer Logistics Manager

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Michael Levy* Web Team

Chuck Menke* Web Team

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Mark Novak* District Photographer

**not pictured*

AH-HA MOMENTS



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Powering a
better way forward.**

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D25 Summit.**

At Vistra, Toastmasters helps our employees become better communicators and leaders. As a result, they help create better products and services that power our company — and our customers.

We're lighting up lives,
powering a better way forward.



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2023 D25 Summit, Corporate Sponsor

District 25 Executive Committee

Wafae Owens, Region Advisor Q&A Session

District 25 Strategic Planning Committee

Marcheta Gardner, Leadership Panel

San Angelo Toastmasters

Sallie Spradlin-Jett, Breakfast Keynote

Professional Speakers Support Group Advanced (PSSG)

Elly Malaxos, Lunch Keynote

Arlington Nooners Toastmasters Club

Kim Story Haagen, DTM Ceremony Keynote

OUR SPONSORS

*Thank you for your investment
in our community!*

Tarrant County Toastmasters

Jeffrey R. Mercier, Education Session

Nissan Toastmasters Club

Brandi Wesley, Education Session

Colleyville Toastmasters

Karen Phelps, Education Session

Skymasters Club

Marcheta Gardner, Education Session

Once Upon a Time

Jeni Malla, Education Session

Texas Talkers Toastmasters

*Dave Papenmeier & Jennifer Hanks,
Education Session*

Strategic Communicators

Najaf Dostaliyev, Education Session

Mr. Cooper Speaks

Candie Blunt, Education Session

Highway to Excellence

Claryce Cook, Education Session

Southlake Club

*Dr. Stephie Althouse,
Education Session*

Off the Cuff

Tracy Speyer, Education Session

Sore2BMore

*Lawrencina Mason Oramalu & Madison
Sly, Education Session*

District 25 wishes to thank...

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SCHEDULE

| | | |
|--------------------------------------------|--------------------------------------------------------------------|-----------|
| 7:00 am | Registration Opens | Hallway |
| Area Council Meeting | | |
| 7:15 am | Doors Open & Breakfast | |
| 7:45 am | Call To Order | |
| | Region 3 Advisor Interview | Ballroom |
| | Keynote: “Club Culture: Ignite Your Club’s Shine” | |
| | Area Council | |
| Summit | | |
| 9:45 am | Summit Kick-Off | Ballroom |
| 10:00 am | “Vulnerability is the Key to Being Invulnerable” | Aurora |
| | “Imposter Syndrome” | Salon A-C |
| | “Optimizing your Toastmaster Experience!” | Salon H-F |
| 11:00 am | “Keep Moving & Unleash Your Brilliance” | Salon H-F |
| | “Spread Joy through the Power of Communication” | Aurora |
| | “Be WEIRD, RARE, and WILD to Shine Brighter” | Salon A-C |
| 12:00 pm | Luncheon & Raffle Drawing | |
| | Keynote: “My Hydra: Strategies to ‘Control the To-Do List Beast!’” | Ballroom |
| 1:30 pm | “The ‘Your’ Way! Go & Do It!” | Aurora |
| | “What does your body language say about your speech?” | Salon A-C |
| | “Unite and Ignite: Inspire a New Generation” | Salon H-F |
| 2:30 pm | “Ignite Your Mission: Shine Step-by-Step” | Aurora |
| | “You Can Do It” | Salon H-F |
| | “Growing, Glowing and Toasting with Confidence” | Salon A-C |
| 3:30 pm | Leadership Panel: Speed-Dating Style | Salon H-F |
| Distinguished Toastmasters Ceremony | | |
| 6:30 pm | Doors Open (& <i>Dignitary Parade Lineup</i>) | |
| 6:45 pm | Dignitary Parade | Ballroom |
| 7:00 pm | Dinner, Program & DTM Ceremony | |
| | Keynote: “It’s More Than That” | |

EDUCATION SESSIONS

| Salon H-F | Salon A-C | Aurora |
|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| | 10:00 am | |
| Karen Phelps <i>Optimizing Your Toastmaster Experience</i> Sponsored by: Colleyville Toastmasters | Brandi Wesley <i>Imposter Syndrome</i> Sponsored by: Nissan Toastmasters Club | Jeffery R. Mercier <i>Vulnerability is the Key to Being Invulnerable</i> Sponsored by: Tarrant County Toastmasters |
| | 11:00 am | |
| Marcheta Gardner <i>Keep Moving & Unleash Your Brilliance</i> Sponsored by: Skymasters Club | Dave Papenmeier & Jennifer Hanks <i>Be WEIRD, RARE, and WILD to Shine Brighter</i> Sponsored by: Texas Talkers | Jeni Malla <i>Spread Joy through the Power of Communication</i> Sponsored by: Once Upon a Time |
| | 1:30 pm | |
| Claryce Cook <i>Unite and Ignite: Inspire a New Generation</i> Sponsored by: Highway to Excellence | Candie Blunt <i>What Does Your Body Language Say About Your Speech?</i> Sponsored by: Mr. Cooper Speaks | Najaf Dostaliyev <i>The “Your” Way! Go & Do It!</i> Sponsored by: Strategic Communicators |
| | 2:30 pm | |
| Tracy Speyer <i>You Can Do It!</i> Sponsored by: Off The Cuff | Lawrencina Mason Oramalu & Madison Sly <i>Growing, Glowing and Toasting with Confidence</i> Sponsored by: Sore2BMore | Dr. Stephie Althouse <i>Ignite Your Mission: Shine Step-by-Step</i> Sponsored by: Southlake Club |
| | 3:30 pm | |
| Salon H-F Marcheta Gardner <i>Leadership Panel: Speed-Dating Style</i> Sponsored by: Strategic Planning Committee | | |

3:30 PM

Salon H-F



Leadership Panel: Speed-Dating Style

Marcheta Gardner, DTM, IPDD

Leadership Committee Chair

Member of: Microsoft Toasters 365,

Speak Up Little Elm

Sponsored by:

Strategic Planning Committee

**Leadership... Ever wondered what it really entails?
Wonder no more!**

Join us for the Leadership Panel and uncover the secret sauce of District 25's smooth and effective operation. Yes, we're pulling back the curtain to reveal the inner workings of our Toastmasters world.

Whether your interests lie in the Trio path, crafting Conference decor, enhancing education through TLIs, donning the hat of a News Editor, or diving into marketing as the Public Relations Manager (PRM), your curiosity is your compass. Discover the strategies and stories behind others' successes in serving our District.

Come, embark on a journey to understand the 'why,' 'what,' and 'how' from your fellow leaders who have basked in the District's Sunshine.

Witness the magic as you, yes, YOU, kindle your inner brilliance to contribute to D25's mission of illuminating paths, lives, and the future. Oh, and did we mention it's all happening 'speed-dating style'?

SPECIAL GUEST SPEAKER

Area Council Interview With Our Region 3 Advisor

Wafae Owen, DTM, RA

Sponsored by: District Executive Committee



An active Toastmaster since 2001, **Wafae Owen** co-founded the Lakeline Toastmasters Club in Cedar Park, Texas. She has traversed the realms of corporate, community, and advanced clubs, mastering all club leadership roles and ascending to high-level District positions.

As a revered leader in District 55, Wafae has not only built formidable teams but also ignited the flames of learning, growth, and unwavering support for the District's mission among its members. Currently in her second consecutive term as Region 3 Advisor, she spreads her wisdom and guidance across eight Districts, with District 25 being one of the fortunate beneficiaries.

Beyond the Toastmasters arena, Wafae's talents extend to the corporate world, where she contributes her expertise to a Venture Capital firm. In her leisure hours, you'll find her immersed in the worlds of literature, dance, and yoga.

Don't miss the opportunity to join us at the Area Council meeting and partake in a riveting Leadership Q&A session with the remarkable Wafae Owen, DTM, Region 3 Advisor.

AREA COUNCIL KEYNOTE



Club Culture: Ignite Your Club's Shine

Sallie Spradlin-Jett

Public Relations Manager

Member of: San Angelo Toastmasters

Sponsored by:

San Angelo Toastmasters

As leaders in our Toastmasters club, it is crucial to present our club to our guests and to our members in a way that makes them feel connected, seen, safe, and wanted. We can assess our club culture through a ‘third eye’ – the perspective of a first-time guest. By analyzing feedback from guests and members, we can accelerate a leadership campaign centered around our club’s culture.

Sallie Spradlin-Jett has been teaching music, art, and theatre to children and adults for over 30 years. With experience directing stage productions and performing live as an actress and singer, she has developed a substantial repertoire of stagecraft skills that contribute to success in her “real” life! Sallie engages her audiences with high energy, employing storytelling, clean comedy, skits, and music to entertain.

Her passion for encouraging others can be observed across District 25 Toastmasters in her current role as Public Relations Manager. We have lots of coaches and cheerleaders in D25, but Sallie believes that if you find just one person in the room who believes in you and in what you can achieve, then grab their hand and hold it tight, because that is all you need to *IGNITE YOUR SHINE!*

LUNCHEON KEYNOTE

My Hydra: Strategies to Control The To-Do List Beast!

Elly Malaxos

*Member of: Toast with Confidence &
Professional Speakers Support Group Advanced*



Sponsored by:
Professional Speakers Support Group Advanced

Life is busy, and sometimes the pile of stuff we need to do seems to get completely out of control! Learn strategies to keep and tame that Hydra (your To-Do List)!

Elly Malaxos, DTM, is an innovative thinker who uncovers patterns and connections between seemingly disparate things. She's a restless world traveler, lifelong learner, investor, and Toastmaster who relishes constant change. She aims to empower everyone to confront old routines and fears, and reach for success.

An IT professional, she understands the importance of effective communication. She found her niche by filling the communication gap between technical and non-technical business teams, Elly engages the audience with stories, a healthy dose of humor and positive messages of empowerment, even when new technology seems threatening in the workplace... or at home!

Holding a Computer Science degree from Northwestern University, she has held various management consulting roles throughout her career. A founding member of FEAR-less Toastmasters, she won the District 25 International Speech Contest in 2021.

DISTINGUISHED TOASTMASTER KEYNOTE



It's More Than That

Kim Story Haagen

Member of: Arlington Nooners Toastmasters Club

Sponsored by:

Arlington Nooners Toastmasters Club

The Distinguished Toastmaster Award is the pinnacle of achievement in Toastmasters. But what does it really mean to achieve a DTM and to become a Distinguished Toastmaster?

Kim Story Haagen has a bachelor's degree in Speech Communication from Texas A&M University. She taught Public Speaking at Wake Forest during her time as a graduate student.

Kim applied her passion for making others laugh as a stand-up comedian in DFW venues including the Addison Improv, Backdoor Comedy Club, and Hyenas. Since 2014, she's leveraged her speaking skills in Toastmasters. Kim's leadership extends to her church, A&M Clubs, and Toastmasters.

She is guided by Gandhi's "be the change," and Zig Ziglar's "you can have everything you want in life, if you just help enough other people get what they want," philosophies. She just completed her book, "Empowered: Lessons Learned on the Journey from F*ck Up To Fabulous" where she shares personal stories that empower all to overcome *any* challenges they face in life.

Kim champions the idea that personal success is only acquired with great personal responsibility.

EDUCATION SESSION

10:00 am, Aurora

Vulnerability is the Key to Being Invulnerable

Jeffery R. Mercier

Member of: Afterburners Club

Sponsored by: Tarrant County Toastmasters



Learn to Unlock the potential of Vulnerability and shifting the negative stigma attached to it.

Jeffery Mercier is dedicated to helping individuals reshape their understanding of Vulnerability, perceiving it as a potent shield that guides their Heart and Vision.

His personal journey led him to this path. Faced with a lack of mentors and encountering less-than-ideal role models, he realized the need to become the mentor he sought in others. Overcoming battles with addiction and various setbacks, he found his purpose in helping others become the best versions of themselves.

Jeffery's own transformative experience, driven by the power of Vulnerability, has enabled him to conquer life's challenges, and he is passionate about imparting this beautiful lesson to others since 2021.

EDUCATION SESSION

10:00 am, Salon A-C



Imposter Syndrome

Brandi Wesley

Member of: Nissan Toastmasters Club, Toast with Confidence

Sponsored by: Nissan Toastmasters Club

Join us for an enlightening education session on overcoming Imposter Syndrome. We will delve into the depths of self-doubt and equip you with empowering strategies to embrace your true capabilities. Don't let self-doubt hinder your personal and professional growth; it's time to break free and unlock your full potential!

During the pandemic, **Brandi Wesley** joined Toastmasters with hopes of leadership opportunities and networking in what had become a virtual world.

In less than three years, she achieved remarkable milestones, including two terms as VPPR and her current role as President of Nissan Toastmasters. With a stint as both Area 21 Director and Division B Director, she now serves as a D25 TLI Co-Chair.

She also joined Toast with Confidence, a club on the campus of Texas Woman's University where she pursues networking and public speaking practice among fellow students as she pursues her PhD.

Brandi has proven that even in a virtual world, we can still connect with others to achieve our goals.

EDUCATION SESSION

10:00 am, Salon H-F

Optimizing your Toastmaster Experience!

Karen Phelps

*Member of: Colleyville Toastmasters,
Southlake Club*



Sponsored by: Colleyville Toastmasters

Whether you are a new or veteran Toastmaster, come and visit the Toastmaster's Fitness Gym to optimize your experience and stretch those Toastmasters muscles with some new ideas! Area she will look at include:

- ◆ **Set Goals and Engage**
- ◆ **Tighten your Speech Schedule**
- ◆ **Utilize your Equipment**
- ◆ **Maximize with a mentor**

Karen Phelps is an award-winning sales professional with 31 years of experience in the hospital and pharmaceutical industry. She was a four-time winner of the prestigious President's Golden Circle award. She was nationally recognized for growing her product to be the #1 utilized in the nation in her market through education and support programs. Karen has created and delivered countless sales presentations at Wyeth and Pfizer Pharmaceuticals. She shares simple strategies for implementation.

Karen earned her BBA in Marketing at the University of Texas at Arlington in 1991 while working full-time and attending evening classes for nearly 10 years.

EDUCATION SESSION



11:00 am, Salon H-F

Keep Moving & Unleash Your Brilliance

Marcheta Gardner

Member of: Microsoft Toasters 365, Speak Up Little Elm

Sponsored by: Skymasters Club

Struggling to keep up with kids and co-workers? Then “Get your MOVE on” for peak performance. Focus on 4 Pillars:

- ◆ Food
- ◆ Water
- ◆ Sleep
- ◆ Exercise

Come with me and learn the moves to a more satisfying life!

Marcheta Gardner, a woman of many roles: Christian, wife, mother, employee, sister, friend, confidant, Toastmaster, and D25 Immediate Past District Director, is here to tell you her story of living more fully.

Do you ever feel like you’re stuck in a rut? Or maybe you struggle to keep up with the pace of your coworkers or kids? Or perhaps you regret that food choice that upset your stomach?

She reveals her journey through District Leadership, sharing behind-the-scenes ‘work’ that helped her serve well. Tune in for tips on how to enjoy life more & enjoy Toastmasters more!

EDUCATION SESSION

11:00 am, Salon A-C

Be WEIRD, RARE, and WILD to Shine Brighter

Dave Papenmeier & Jennifer Hanks

Members of: Texas Talkers, Professional Speakers Support Group Advanced

Sponsored by: Texas Talkers

Using the acronyms WEIRD for our subconscious brain, RARE for our conscious brain, and WILD for the actions we take, we can harness the power within to Ignite Your Shine. Laugh with us and explore each of these three areas and their connections in this interactive workshop.



Dave Papenmeier spent his corporate career wearing several hats, including systems engineer, personnel manager, Lean Six Sigma Black Belt practitioner, and program manager, continually working with people to change themselves and improve the culture in the workplace. Dave developed skills during his corporate career that he has channeled into being a life coach to help people reach their full potential. He assists individuals and teams leveraging their top talent themes to improve themselves and transform their situations. Dave is a certified Strengths Champion coach, a CoreClarity certified facilitator, and is in the process of completing his PCCI Life Coach certification.



Jennifer Hanks is a business owner, Licensed Massage Therapist, student, mother, and enthusiastic Toastmaster. Her diverse career path mirrors her love of learning and trying new things, underscoring her goal to serve and help others. Jennifer has overcome major life-altering challenges including the loss of a child. Yet even after such devastating loss, survival was not enough. Her focus is on growth and finding purpose. Jennifer learned through her healing journey – not only about herself and her brain, but also on how to overcome insurmountable obstacles. She is passionate about sharing her story with vulnerability and authenticity, aiming to encourage and inspire those around her.

AH-HA MOMENTS

EDUCATION SESSION

11:00 am, Aurora

Spread Joy Through the Power of Communication

Jeni Malla

Member of: Once Upon A Time

Sponsored by: Once Upon A Time



Let's Share, Inspire, and Elevate Our Community Together! Communication and Leadership skills learned in Toastmasters clubs are essential for such an undertaking. When we articulate our vision clearly, others can understand our goals and support us in this noble cause. Join me as I share my journey. Learn how to propagate the power of communication and spread joy within the community.

Jeni Rajbhandari Malla leads Marketing Procurement as a Supply Chain leader in a Telecom company. With extensive global Telecom Industry expertise spanning services execution, network deployment, operations, and procurement, Jeni has held engineering and managerial roles in Asia and North America. Jeni holds multiple degrees, and a Project Management Professional certification from PMI. She is an engaged member of Once Upon a Time Toastmasters and served as the club's President in 2021. She serves on the board of DFW Minority Supplier Development Council and Women's Business Council Southwest. Married with a daughter in her junior year of college, she resides in Dallas, Texas, actively engaged in her community, particularly in events for local seniors.

EDUCATION SESSION



1:30 pm, Aurora

The “Your” Way! Go & Do It!

Najaf Dostaliyev

Member of: Highway To Excellence, Strategic Communicators, Tarrant County Toastmasters

Sponsored by: Strategic Communicators

Change is possible, one step at a time. Stepping out of your comfort zone fosters creativity, self-confidence, and self-discovery. It leads to personal growth, achieving new goals, benefiting your family, friends, company, and any organization you support. What are you waiting for? Start today. Share your Sunshine. Enjoy life!

Najaf spent 12 years as a Petroleum Engineer in diverse locations, then transitioned to sales leadership over the past five years. Since 2016, Najaf held leadership roles in club, area, and district leadership and organized events and conferences. He mentors members and their clubs, and has visited more than 70 clubs.

Hailing from Azerbaijan, he is a native Russian-speaker and fluent in both Turkish and English. Najaf is passionate about public speaking in various settings including TLI training sessions and other topics such as how to conduct a job search, LinkedIn, and applying marketing strategies to create a bridge between hiring managers and job seekers.

Outside his professional and Toastmasters pursuits, he's a Triathlon enthusiast, advocate for Para-Triathlons, golf mentor, and a U.S. history buff.

EDUCATION SESSIONS

1:30 am, Salon H-F

What Does Your Body Language Say About Your Speech?

Candie Blunt

Member of: Mr. Cooper Speaks

Sponsored by: Mr. Cooper Speaks



Whether intended or not, a person's body communicates a story that transcends spoken words. Attendees will gain insights into enhancing storytelling through gestures and movement in this workshop. The session aims to define the concept of body language, underline its significance in presentations, and provide practical guidance on leveraging it to infuse energy into speeches. This workshop is a must for every speaker!

Whether you mean to or not, your body is telling a story beyond your words. In this workshop, we will identify what body language is, why it is so important to your presentation, and how to best utilize it to add energy to your speeches. This is a must for every speaker!

As a professional mime/performer, I learned a lot about how the body communicates meaning. For years, I gave performances where I had to effectively communicate the message with no words.

As a Toastmaster, I understand the need for language, but what happens when your body is telling a different story?

EDUCATION SESSIONS



1:30 pm, Salon A-C

Unite and Ignite: Inspire a New Generation

Claryce Cook

Member of: Highway to Excellence

Sponsored by: Highway to Excellence

Millennials & Gen Z are not our future— they are our *NOW!* Discover how to engage them *TODAY!* Join me for an insightful session where we delve into the goals and values driving Gen Z and Millennial generations. We'll uncover how being a Toastmaster aligns with their values. Participate in discussions and group brainstorming to discover innovative ways for Toastmasters to connect effectively with this demographic. Your input is crucial to shaping our approach for the future. Don't miss this opportunity!

Claryce Cook's journey in Toastmasters began in her elementary school days. Her passion lies in sharing the benefits of Toastmasters with her generation.

As she has stepped into higher levels of leadership, she has become increasingly aware of the generation gap that currently exists in D25. Eager to foster change, she is excited to introduce new ideas and brainstorm with fellow Toastmasters on approaches for attracting Millennials and Gen Z members.

EDUCATION SESSIONS

2:30 pm, Aurora

Ignite Your Mission: Shine Step-by-Step

Dr. Stephie Althouse

Member of: Southlake Club

Sponsored by: Southlake Club



KISS Your Mission – Keep It Smart & Simple! Link your Toastmasters speaking skills to your mission and ambitions! Learn how to use your unique gifts and experiences to amplify your brilliance as building blocks for your future, using a straightforward and potent method: ‘KISS your Mission’. Launch yourself on a step-by-step fast track to success, accomplishing YOUR mission, utilizing YOUR unique gifts without feeling overwhelmed!

Dr. Stephie Althouse is a renowned thought leader in Brilliance Mining and knowledge management, with a profound commitment to helping individuals and organizations unlock their unique gifts and experiences, their “brilliance.”

As the CEO of Top-Notch CEO and The Brilliance Mine, she has championed strategies for effective knowledge transfer, helping businesses scale up and innovate.

An accomplished author, speaker, and coach, Dr. Stephie leverages her scientific background and entrepreneurial acumen to inspire and empower her audience. She is driven by a mission to help everyone realize their potential and contribute to the world in their unique way. “Keep it Smart & Simple (KISS)” is her mantra, which she applies to help her clients avoid being overwhelmed and to shine step-by-step.

EDUCATION SESSIONS



2:30 pm, Salon H-F

You Can Do It!

Tracy Speyer

*Member of: Burleson Toastmasters Club, Off The Cuff,
Top of Texas Toastmasters*

Sponsored by: Off the Cuff

Have no fear! When you are in Toastmasters, you are part of the SUCCESS crowd. A Toastmasters never walks alone.

Are you suffering from the fear of failure, the fear of public speaking, or the fear of success? Join Tracy as she empower you with the knowledge that you can do it: you have what it takes. Let's explore the journeys of those who have gone before you and uncover how you, too, can muster the courage to accomplish your goals and Ignite you Shine !

Tracy Speyer has been a Toastmaster for 15 years, she has progressed through the program to her DTM and is now working towards her second. She has served in nearly every officer role, and as an Area Governor, and Division Governor. Tracy has competed in several speech contests as well as judged many other contests. Tracy considers herself a lifetime Toastmaster.

Tracy likes to quote and personally embraces the mantra, “If you get out of Toastmasters all that you can get out of Toastmasters, you will never get out of Toastmasters!” Tracy is still on that journey and doesn’t see it ending any time soon.

EDUCATION SESSIONS

2:30 pm, Salon A-C

Growing, Glowing and Toasting with Confidence to Shine Brighter

Lawrencina Mason Oramalu & Madison Sly

Members of: Toast with Confidence

Sponsored by: Sore2BMore

Go from 0 to 60 faster than anybody. Hear how a new club reached DISTINGUISHED status in under a year. New clubs and old can turn a SPARK into a FLAME and be Distinguished!



Lawrencina Mason Oramalu is a woman on a mission to encourage, educate, inspire, and empower individuals to reach their potential. Her career focuses on nurturing future leaders and change agents.

Lawrencina serves as the Director of Student Leadership at Texas Woman's University's Jane Nelson Institute for Women's Leadership. In this role, her goal is to nurture students' growth and leadership development by offering financial support through scholarships, as well as programmatic support that aims to build students' confidence, improve their communication skills, develop leadership competencies, and provide them opportunities to earn marketable credentials.

Lawrencina forges partnerships with like-minded individuals and groups dedicated to education, leadership, and service. She co-founded the Toast with Confidence (TWC) Toastmas-

ters club in 2022, achieving distinguished club status in its inaugural year. She feels privileged to work with such an amazing and committed group of students.

Lawrencina loves to write and mentor others. She is an author and serves on the southern regional board of Step Up, a mentoring program for girls and young women.

Madison Sly is a Business Administration major at Texas Woman's University entering her junior year. She is actively involved in Toastmasters as the President and has also held the VP Public Relations role.

Madison is the recipient of a Jane Nelson Institute Legacy Leader scholarship, a distinguished scholarship program at Texas Woman's University. She has served on TWU's Executive Board providing leadership to its marketing efforts.

Madison is the TWU campus ambassador for Forté, an organization committed to increasing the number of women leaders.



AH-HA MOMENTS

DISTINGUISHED TOASTMASTERS CEREMONY

Congratulations

DISTINGUISHED TOASTMASTER
Lawerence Reid

DISTINGUISHED TOASTMASTERS CEREMONY



Lawerence Reid

Toastmaster since
December 2007

DTM Earned: September 30, 2022

Home Club: Fort Worth Project Management
Toastmasters

Q: What did you learn through your DTM Project?

A: **Successful teams require innovative planning and collaboration.**

Q: Now that you have achieved your Distinguished Toastmaster, what is your next goal?

A: **I am continuing to focus on building additional Artificial Intelligence (AI) skills and presenting on applying AI at professional organizations like the Project Management Institute and the International Institute of Business Analysis.**

Q: What advice would you give to other Toastmasters?

A: **It is never too early to start. Like financial investments, starting earlier provides you more time to compound your rewards.**

Q: How has your Toastmasters participation affected your life?

A: **Toastmasters helped me break out of my shy and bashful shell.**

Lawrence has a background in Financial Planning, Customer Relationship Management systems and is certified as a Certified Business Analysis Professional (CPAP), Project Management Professional (PMP) and Scrum Alliance Certified ScrumMaster (CSM). He feels his presentation on “CRM in the Age of Artificial Intelligence and Machine Learning” at the Project Management Institute Symposium and the International Institute of Business Analysis International Conference is the highlight of his career.

AH-HA MOMENTS



AH-HA MOMENTS



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VENUE MAP

